



## ***Integrity: The Bottom Line***

Integrity is often thought of as moral uprightness and steadfastness - making the “good” choices, doing the “right thing.” In fact, it is far more than that. Integrity is actually a phenomenon in and of itself. It has to do with authenticity - being true to ourselves - and it is the foundation for power and effectiveness. It is a home, an anchor, a continuing commitment - a way of being and acting that shapes who we are.

In *Integrity: The Bottom Line*, you'll discover that integrity resides in the ability to constitute yourself as your word, to be true to your principles, and ultimately, be true to yourself. You'll learn that integrity is not constrained by, nor does it reside in, rules, prescriptions, or imposed demands. *Integrity creates an environment of freedom, power, and joy.*

This seminar does not offer a set of tips and tools for having integrity. Rather, you'll create a new context that allows for sustained performance and a platform for generating a whole new level of integrity. This seminar is for people who are out to extend the boundaries of what they know is possible.

**Programme Logistics:** The Integrity Seminar takes place during 10 evening sessions of 3 hours each. Participation in The Landmark Forum is a prerequisite for this programme.

**Time: 6:30 pm – 9:30 pm**

**Day: Wednesdays**

**Location: Heron Portico Hotel**

Session #01:	05 April	Session #06:	17 May
Session #02:	12 April	Break:	24 May
Session #03:	19 April	Break:	31 May
Break:	26 April	Session #07:	07 June
Session #04:	03 May	Session #08:	14 June
Session #05:	10 May	Session #09:	21 June
		Session #10:	28 June

**Tuition:** KShs 6,500/= **Min Non-Refundable Deposit:** KShs 2,000/= **Reviewers of the Seminar:** KShs 3,000/=  
To participate, you must attend a minimum of 6 sessions; **Session #1 is Mandatory.**

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